

RULES & REGULATIONS

	MIXED			BOYS ONLY			GIRLS ONLY			
	Under 8	Under 9 & 10	Under 11 & 12	Under 13 & 14	Under 15 & 16	Under 17 & 18	Under 10 Girls	Under 12 Girls	Under 15 Girls	Under 18 Girls
PHASE	Introductory	Development	Competition	Competition	Competition	Competition	Introductory	Development	Competition	Competition

REGULATIONS

Ground size	80m x 60m	100m x 80m	Standard	Standard	Standard	Standard	80m x 60m	100m x 80m	Standard	Standard
Zones	√	√	X	X	X	X	√	√	X	X
# players on ground	6-12-a-side	9/12-a-side	12/15-a-side	18-a-side	18-a-side	18-a-side	6-12 a side	6-12 a side	15-18 a side	18 a side
Ball type	Syn only	Syn only	Syn / Leather	Leather	Leather	Leather	Syn only	Syn only	Syn / Leather	Leather
Ball size	2	2	3	4	full size	full size	2	3	4	4
Quarter duration (mins)	10	12	15	15	20	22	10	12	15	17
Break length 1/4 - 1/2 - 3/4 time	3-6-3	3-6-3	3-10-5	3-10-5	3-10-5	3-10-5	3-6-3	3-6-3	3-10-5	3-10-5
Scoring	No scores, ladders or finals permitted	No scores, ladders or finals permitted	√	√	√	√	No scores, ladders or finals permitted	√	√	√
Results	No recording of best players or goalkickers	No recording of best players or goalkickers	No recording of best players or goalkickers	√	√	√	No recording of best players or goalkickers	No recording of best players or goalkickers	√	√

LAWS

Tackling	No tackling	Modified	√	√	√	√	No tackling	Modified	√	√
Bumping	X	X	√	√	√	√	X	X	√	√
Stealing the ball	X	X	√	√	√	√	X	X	√	√
Barging	X	X	√	√	√	√	X	X	√	√
Smothering	X	X	√	√	√	√	X	X	√	√
Fending off	X	X	√	√	√	√	X	X	√	√
Shepherding	X	X	√	√	√	√	X	X	√	√
Bouncing the ball	1 max		Unlimited				1 max		Unlimited	
Kicking off the ground	X	X	√	√	√	√	X	X	√	√
Ball ups	Nominated players		√	√	√	√	Nominated players		√	√
Throw-ins	X	X	√	√	√	√	√	√	√	√
Marking	Any distance, reasonable attempt	Any distance, shows control	10m, direct catch	√	15m	15m	Any distance, reasonable attempt	Any distance, reasonable attempt	Any distance, shows control	10m, direct catch
Distance penalty	25m	25m	25m	25m	25m	50m	0	10m	25m	25m
Deliberate out of bounds	X	X	X	X	X	√	X	X	X	X
Deliberately rushed behind	X	X	X	X	X	√	X	X	X	X

UMPIRES & COACHES

# field umpires	Club (2)		Association (1)		2	2	Club (2)		Association (1)	
Boundary umpires	X	X	√	√	√	√	X	X	√	√
Coaches	On-field	Optional	Sideline	Sideline	Sideline	Sideline	On-field	Optional	Sideline	Sideline