



NORTH COAST FORCE 2019 REPRESENTATIVE PROGRAM

The North Coast Force is back in 2019! In addition to the Northern NSW Carnival in Coffs Harbour on 9 and 10 July the Force will also play matches in Tamworth on Saturday 8 June.

Here's your chance to be part of the "FORCE" in 2019!

"NORTH COAST FORCE"

North Coast Force representative teams cover the region bounded by Manning Valley Mustangs in the south through to Grafton Tigers in the north. Teams are conducted at Under 13, Under 15, Youth Girls (14 to 17 years), and Under 17 age groups.

Program Format

- The program is open to all interested players from across the region.
- Selection into the North Coast teams will be based on performance and attitude at club matches, trials, and, training sessions.
- Skill level, game sense, and commitment to the rep program will all be considered by the selectors.
- A players' fee (\$50) is payable by those who are selected in the teams. This fee covers the cost of the rep team polo and cap.

Selection

UNDER 13

The Under 13 team will be selected based on performance for club teams at the Under 13 Cross Over round at Burdett Park on **Sunday 5 May**.

UNDER 15 AND YOUTH GIRLS

The Under 15 and Youth Girls teams will be selected based on a trial session to be conducted on **Saturday 4 May** from 3:00pm to 5:00pm at Richardson Park (No 2 oval).

UNDER 17

The Under 17 team will be selected based on performances in club matches in **rounds 1 to 4** of the North Coast competition. Selectors will be at each round to view performances.

Players must be available to play in Tamworth on Saturday 8 June and the Northern NSW Carnival in Coffs Harbour on 9 and 10 July. All players nominating will be advised of the selection outcome in the week commencing Monday 13 May.

To nominate, please go to www.aflnorthcoast.com.au and search for "Force".

Players who are unavailable for selection dates or playing commitments should contact Paul Taylor at paul.taylor@afl.com.au.

Program dates (for players selected in teams)

Training session 1 – Monday 27 May (6:00pm to 7:30pm), venue t.b.a.

Rep match – Saturday 8 June 2018 (long weekend), No 1 Oval, Kable Street, Tamworth

Training session 2 – Monday 17 June (6:00pm to 7:30pm), venue t.b.a.

Training session 3 – Monday 24 June (6:00pm to 7:30pm), venue t.b.a.

Northern NSW Carnival – Tuesday 9 & Wednesday 10 July, Leisure Park, Stadium Drive, Coffs Harbour

North Coast Force teams will come together in Coffs Harbour on Monday 8 July for team training, jumper presentations, and a team BBQ dinner.

Training sessions will be held in one venue, rather than one each in the north and south as in previous years.

Coaches, Managers, & Runners

Coaches, Managers, and Runners are required for all rep teams. Anyone interested must be available for the program dates as outlined.

- Each team will have a Coach and at least one Assistant Coach.
- All Coaches must hold a minimum of a current Level 1/Foundation coaching accreditation
- Managers will ideally have experience in a similar role (possibly in another sport).
- Runners should have experience in the role and must understand how the Laws of the game apply.

*For further information please contact AFL North Coast Representative Football Co-ordinator Mel Hunt on 0412 753 882. Expressions of interest for all positions must be sent to paul.taylor@afl.com.au by **Wednesday 24 April**.*

North Coast Force values

1. **Team Work** – putting team needs ahead of your own, having each others' backs.
2. **Professionalism** – being physically and mentally prepared, having a positive attitude, ready to learn.
3. **Respect** – showing respect for yourself, family, staff, the game, umpires, and opposition.
4. **Leadership** – taking responsibility, leading by actions, supporting & empowering others to be their best.

Pathways from the Northern NSW Carnival

The Northern NSW Carnival involves teams from North Coast, Hunter Coast, Central Coast, and North West. Selectors from AFL NSW/ACT will be at the Carnival to identify players that are suitable for further development in various talent development programs.

1. Under 17 players may be selected in the Northern Heat program.
2. Players may be recommended to the Sydney Swans Academy for consideration.
3. Players may be recommended to the North Coast Academy of Sport and/or NSW/ACT Female Academy.
4. Players may be identified for further opportunities that lead towards the NSW/ACT Under 16 teams.

For further info contact Mel Hunt, 0412 753 882