



AFL North Coast – Summary of key playing conditions for Saturday matches March 2023

	Under 18	Women's	Reserves	Seniors
Day & time of play	Sat 10:00am	Sat 11:50am	Sat 1:20pm	Sat 2:50pm
Min. age	Year turn 16	Year turn 17	Year turn 17	Year turn 17
Min. number	12	12	12	14
Max. on field	16	16	16	18
Max. on bench	N/A	6	4	4
Max. regos per team	N/A	N/A	N/A	N/A
Ball size	5	4	5	5
Quarter duration	20 min	15 min	15 min	25 min
Break length	5-10-5	5-10-5	5-10-5	5-10-5
Throw-ins	"Last disposal"	"Last disposal"	"Last disposal"	Traditional
Marking distance	15m	15m	15m	15m
Distance penalty	50m	50m	50m	50m
Kicking off ground	Yes	Yes	Yes	Yes
Bouncing the ball	Unlimited	Unlimited	Unlimited	Unlimited
Centre bounce positions	Yes	5/6/5	5/6/5	6/6/6
Stand Rule	Yes	Yes	Yes	Yes
Kick-in – mark at 15m from top of goal square	Yes	Yes	Yes	Yes
Ruck contest – prior opportunity	No	Yes	Yes	Yes
Yellow card – player off	15 min	10 min	10 min	15 min
Yellow card – replacement	Immediate replacement	Immediate replacement	Immediate replacement	Immediate replacement
Red card – player off	Rest of match	Rest of match	Rest of match	Rest of match
Red card – replacement	After 15 min	After 10 min	After 10 min	After 15 min
Finals eligibility	40% home & away	50% home & away	40% home & away	50% home & away